

#### Friday, November 4, 2022

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We provide weekly updates to keep you all informed on what is happening in our communities and organization-wide.

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## A Howelling Good Time at Our AgeCare Sites

Residents and staff came together for a howelling good time this past Halloween with a variety of activities!



Pumpkin Carving Fun at AgeCare Bow Crest



Pumpkin Carving Fun at AgeCare Bow Crest



Pumpkin Carving Fun at AgeCare Brandt's Creek Mews

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Halloween themed baking at AgeCare Cariboo Place



Boo! Halloween fun at AgeCare Mount Ida Mews



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Pumpkin Puppy Kisses at AgeCare Glenmore

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Costume photo shoot at AgeCare Glenmore



Incredible spooky background at AgeCare Glenmore



AgeCare Valleyview residents getting into the Halloween spirit



AgeCare Valleyview residents getting into the Halloween spirit



AgeCare Valleyview staff getting into the Halloween spirit



AgeCare Valleyview staff getting into the Halloween spirit



Halloween Parade at AgeCare Midnapore



AgeCare Valleyview staff getting into the Halloween spirit



AgeCare Columbia staff getting into the Halloween spirit

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AgeCare Columbia staff getting into the Halloween spirit



A spook-tacular great time boo-wling at AgeCare Sandringham



AgeCare Columbia staff getting into the Halloween spirit



A great time boo-wling at AgeCare Sandringham



Spooky baked goods for snacking at AgeCare Sandringham

### Gift Wrapped Kindness – A Christmas to Remember



With the holiday approaching, AgeCare is preparing to launch our 'A Christmas to Remember' campaign that involves the collection and delivery of anonymous gifts to seniors who may be isolated or don't have loved ones near by.

The campaign, currently run at five of our Alberta sites, provides the opportunity for people to nominate seniors in need, as well as the opportunity to purchase a gift for a lonely or financially-challenged senior.

In previous years, with the dedication of staff and volunteers, this initiative has been tremendously successful, and uplifting for all those who give and receive.

In the coming weeks we will bring you more stories and updates on the campaign that launches on November 14<sup>th</sup>.

To learn more, please visit <u>A Christmas to Remember | #CareThisChristmas (agecare.ca)</u>.

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## AgeCare Partners with SafeCare BC to Provide Inhouse Space for Staff Training

We are excited to share that AgeCare has partnered with SafeCare BC to open five new satellite training centres within AgeCare facilities across British Columbia, including Kelowna, Williams Lake, Burnaby, Lumby, and Salmon Arm.



AgeCare

STARTS

WITH YOU Make a plan to attend a free flu clinic

n our way to hitting 95%

STOPPING THE FLU

SafeCare BC is an industry leader, providing educational services, injury prevention and safety training for long-term care, home support workers, independent living staff, as well as students entering the field of continuing care.

"This is a natural fit – having this phenomenal training and education service inhouse at AgeCare is a win-win for everyone. It demonstrates our commitment to serve the public in a greater capacity, it provides added access to training and education in our own facilities, and ultimately it ensures we are equipping AgeCare with the best possible tools to help keep staff and residents safe and well," said Jennifer Grusing, AgeCare Director, Education and Skills Development.

Jenn LeSage, Program and Facilitator Support Lead for SafeCare BC says their organization is equally excited about the partnership with AgeCare.

"Our goal is to lower injury rates to ensure everyone goes home from work safely. With AgeCare providing us with permanent locations it will allow us to provide much-needed education and workshops throughout interior BC and the lower mainland."

A grand opening of all SafeCare BC training centres in AgeCare will take place at AgeCare's Monashee Mews in Lumby, BC on November 18.

## Stopping the Flu, Starts with You

With the start of the respiratory illness season, it is expected that COVID-19 cases will increase as more people gather indoors. In addition, we need to be prepared for the possibility of an influenza surge following two years of low influenza rates due to public health restrictions that reduced travel and socialization.

Influenza vaccines are now available at participating pharmacies, some community medical clinics and select Alberta Health Services sites. Individuals five years and older are encouraged to get immunized at their local pharmacy or physician's office. If you are looking to get your child under the age of five immunized, they can receive theirs at an AHS Clinic or a physician's office.



Additionally, all seniors older than 65 can get a free enhanced influenza vaccine this year. Enhanced influenza vaccines (FLUZONE® High-Dose Quadrivalent) give seniors better protection against influenza than standard-dose vaccines. Enhanced influenza vaccines



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stimulate stronger immune responses, compensating for the natural weakening of the immune system that occurs with age.

You may call ahead to your pharmacy or physician's office to confirm if they will be offering the influenza vaccine this fall.

Learn more about the Influenza vaccine by visiting albertahealthservices.ca/influenza

## **Recreation Calendars**

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on our residents' well-being.

Please note that communities with an exposure or outbreak may have different recreation restrictions. Contact your community or <u>sign up for email updates</u> to stay informed on the latest information.

**For our AgeCare communities from Revera,** your Activity Pro Family Portal is still available for you to access. You can log in with your usual username and password at <u>online.activitypro.net/users/login/agecare</u>.

If you are a current resident family member and don't yet have a username and password to access your loved one's **Activity Pro** page, please <u>contact</u> the community directly and ask to speak to the recreation team. They walk you through the steps needed to access the family portal.

#### View the Recreation Calendars for your AgeCare Community:

AgeCare Bow Crest AgeCare Columbia AgeCare Glenmore AgeCare Jasper Place AgeCare Mckenzie Towne AgeCare Midnapore AgeCare Miller Crossing AgeCare Mount Royal AgeCare Orchard Manor AgeCare Riverview AgeCare Sagewood AgeCare Seton AgeCare Skypointe AgeCare South Terrace AgeCare Sourhise Gardens AgeCare Valleyview AgeCare Walden Heights

### We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at <u>www.agecare.ca/careers</u>

