



Friday, October 7, 2022

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We provide weekly updates to keep you all informed on what is happening in our communities and organization-wide.

Preparing For Fall Respiratory Viruses 2

October 8th is World Hospice and Palliative Care Day 2

Recreation Calendars 3

We're Hiring 3



Happy Thanksgiving!

FROM OUR AGE CARE FAMILY TO YOURS.





Friday, October 7, 2022

Preparing For Fall Respiratory Viruses

Albertans are encouraged to get vaccinated against COVID-19 and influenza for the most effective protection this fall. The COVID-19 booster program continues, and Alberta's annual influenza (flu) vaccine campaign will begin in mid-October.

With the start of the respiratory illness season, it is expected that COVID-19 cases will increase as more people gather indoors. In addition, we need to be prepared for the possibility of an influenza surge following two years of low influenza rates due to public health restrictions that reduced travel and socialization.

At AgeCare, we will be hosting immunization clinics for our residents and staff to help prevent the spread of influenza.

Alberta's Influenza Immunization Program will begin in mid-October. Alberta Health Service (AHS) focuses its immunization efforts on those at greatest risk of influenza who cannot access the vaccine through pharmacists, physicians or other community providers.

Individuals five years and older are encouraged to get immunized at their local pharmacy or physician's office. If you are looking to get your child under the age of five immunized, they can receive theirs at an AHS Clinic or a physician's office.

Additionally, all seniors older than 65 can get a free enhanced influenza vaccine this year. Enhanced influenza vaccines (FLUZONE® High-Dose Quadrivalent) give seniors better protection against influenza than standard-dose vaccines. Enhanced influenza vaccines stimulate stronger immune responses, compensating for the natural weakening of the immune system that occurs with age.

You may call ahead to your pharmacy or physician's office to confirm if they will be offering the influenza vaccine this fall.

AgeCare
STOPPING THE FLU STARTS WITH YOU
Make a plan to attend a free flu clinic.
We're on our way to hitting our immunization target of **95%**

Learn more about the Influenza vaccine by visiting albertahealthservices.ca/influenza.



October 8th is World Hospice and Palliative Care Day

World Hospice and Palliative Care Day is an annual unified day where we celebrate and support hospice and palliative care worldwide. At AgeCare, we know how important it is to understand and honour individuals' end-of-life wishes. Knowing what matters to them and their families and striving to meet those needs is at the core of our Philosophy of Care and Service.

With one voice, we come together to celebrate the importance of palliative care to quality of life and advocate for equitable access for all. The experience of grief and the need to heal unites us all worldwide.





Friday, October 7, 2022

Recreation Calendars

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on our residents' well-being.

Please note that communities with an exposure or outbreak may have different recreation restrictions. Contact your community or [sign up for email updates](#) to stay informed on the latest information.

For our AgeCare communities from Revera, your Activity Pro Family Portal is still available for you to access. You can log in with your usual username and password at online.activitypro.net/users/login/agecare.

If you are a current resident family member and don't yet have a username and password to access your loved one's **Activity Pro** page, please [contact](#) the community directly and ask to speak to the recreation team. They walk you through the steps needed to access the family portal.

View the Recreation Calendars for your AgeCare Community:

AgeCare Bow Crest	AgeCare Riverview
AgeCare Columbia	AgeCare Sagewood
AgeCare Glenmore	AgeCare Seton
AgeCare Jasper Place	AgeCare Skypointe
AgeCare Mckenzie Towne	AgeCare South Terrace
AgeCare Midnapore	AgeCare Sunrise Gardens
AgeCare Miller Crossing	AgeCare Valleyview
AgeCare Mount Royal	AgeCare Walden Heights
AgeCare Orchard Manor	

We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at www.agecare.ca/careers



WE'RE HIRING!
Great Opportunities for Caring People