AgeCare Weekly Update

Friday, January 14, 2022

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We are providing weekly updates to keep you all informed on what is happening at our communities and organization-wide.

- 1. Shout Out to our Screeners
- 2. Alberta COVID Update
- 3. Let's all get Boosted!
- 4. Visitor Guide & Rapid Antigen Screening Clinics
- 5. Outings & Overnight Stays
- 6. <u>Recreation Calendars</u>
- 7. Great Opportunities for Caring People

We hope these weekly updates are helpful. Thank you all for your continued support.

Shout Out to our Screeners

As we all do our best to avoid getting swept up in the tsunami of COVID -19 news, we want to take a moment to shine a light on our awesome Screeners and Greeters, who spend countless hours vigilantly practicing the screening process at the front entrance of every AgeCare community.

You are doing an amazing job! You are the first line of defence and a vital part of our efforts to keep residents, staff and families safe from the threat of COVID-19.

Thank you for your relentless attention to every important step in the protocol and for the caring and cheerful way you go about your work!



Alberta COVID Update

According to Dr. Hinshaw, every province sector faces high worker absentee rates due to the spread of COVID-19.

Consequently, Alberta is now limiting PCR testing for COVID-19 to people with risk factors for severe outcomes and those living or working in high-risk settings. <u>Read more about the rationing of PRC tests</u>.

Effective Jan. 10, PCR tests are available only for select groups, <u>including</u> healthcare workers, correctional facility staff, and returning international travellers, to screen for new variants. Previously, lab-based PCR tests were also available to those who did not have access to rapid tests.

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Let's all get Boosted!

In Alberta, anyone over the age of 18 can get a 3rd dose five months after their second dose.

Who can book?

• Anyone over the age of 18, five months after your second dose.

How to book:

• Book online or by phone here or call 811.

Why get the 3rd dose? Vaccine effectiveness against infection may decline over time – especially with the highly transmissible Omicron variant. Still, they remain the best way to prevent severe illness and death. Third doses can boost immunity to improve protection and limit the spread.

Visit bookvaccine.alberta.ca or call 811 to book your 3rd dose.

Visitor Guide & RAS Clinics

Our <u>visitor guidelines</u> with continuous masking remain in place for both Designated Family/Support Persons (DFSP) and Social Visitors. All visitors continue to be screened upon entry to the building.

Coming for a visit? Please familiarize yourself with these guidelines. Download the Visitor Guide (PDF) -->



All visitors are strongly encouraged to take a Rapid Antigen Test or visit our clinics before visiting their loved ones. <u>Rapid Antigen Screening Clinics</u> are available in each of our communities, including:

Columbia	Mon to Sun 10:00 am - 2:00 pm	Seton	Mon to Sun 5:30 am - 12:00 am (midnight)
Glenmore	Mon to Fri 7:00 am - 8:30 am	SkyPointe	Mon to Sun 9:00 am - 9:00 pm
	11:00 am - 7:00 pm Sat to Sun 9:00 am - 7:00 pm	Sunrise Gardens	Mon to Sun 6:15 am - 9:00 am 2:15 pm - 5:15 pm
Midnapore	Mon to Sun 9:00 am - 12:00 pm 1:00 pm - 5:00 pm	Valleyview	Mon to Fri 9:30 am — 11:30 am 1:30 pm - 2:30 pm
Orchard Manor	Mon to Sun 8:00 am - 12:00 pm 3:00 pm - 7:00 pm		Sat to Sun 10:30 am - 11:30 am 3:15 pm - 4:30 pm
Sagewood	Mon to Sun 11:00 am - 7:00 pm	Walden Heights	Mon to Sun 9:00 am - 6:00 pm

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Outings & Overnight Stays

Residents are welcome to go on community walks, outings, and overnight stays as long as they follow all of the <u>current provincial guidelines</u>.

If a resident is absent from the community for more than 24 hours, they are required to:

- □ be Rapid Antigen Screened (RAS) at point of entry,
- □ be actively screened daily for COVID-19 symptoms,
- wear a medical mask when outside of their room for 14 days post-return, and
- □ be swabbed for COVID-19 on Day 3 and Day 7.

All other outings and overnight stay guidelines remain in effect.



For the safety of residents and staff, please download and follow our Outings & Overnight Stays Guidelines (PDF) -->

Recreation Calendars

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on our residents' well-being.

Please note that communities on outbreak may have different recreation restrictions in effect. Contact your community or sign up for email updates to stay informed on the latest information.

View the Recreation Calendars for your AgeCare Community:

AgeCare Columbia	AgeCare Seton	
AgeCare Glenmore	AgeCare Skypointe	
AgeCare Midnapore	AgeCare Sunrise Gardens	
AgeCare Orchard Manor	AgeCare Valleyview	
AgeCare Sagewood	AgeCare Walden Heights	

We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at <u>www.agecare.ca/careers</u>

