



Friday, October 14, 2022

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We provide weekly updates to keep you all informed on what is happening in our communities and organization-wide.

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**THANK YOU!**

HEALTH CARE AIDE DAY

OCTOBER 18, 2022



AgeCare



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## Hats off to our HCAs!

As front-line members of our care team, Health Care Aides (HCAs) are essential and truly make a difference each and every day. These dedicated, passionate individuals work around the clock providing person-centred care and support to those who need them. October 18<sup>th</sup> is their special day, and we want to show our appreciation. So, thank you for all you do to improve the lives of those you serve.

## Celebrating Seniors of Distinction

In honour of National Seniors Day on October 1<sup>st</sup>, AgeCare along with its very committed partners, have created the Seniors of Distinction Awards. Taking place in Lethbridge and Medicine Hat this year, the Seniors of Distinction Awards is an occasion to recognize seniors and the valuable contributions they have made and continue to make in our communities, workplaces, and families.

The Senior of Distinction awards in Lethbridge and Medicine Hat were held virtually this year. Nominees received a visit from AgeCare staff members with a special delivery, including charcuterie boards, sparkling beverages, balloons, and certificates. The winners also received a lovely engraved award.

[Watch our Lethbridge & Area awards](#) on our AgeCare YouTube channel >



### THANK YOU TO OUR SPONSORS:



[Watch our Medicine Hat & Area awards](#) on our AgeCare YouTube channel >



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## Stopping the Flu, Starts with You

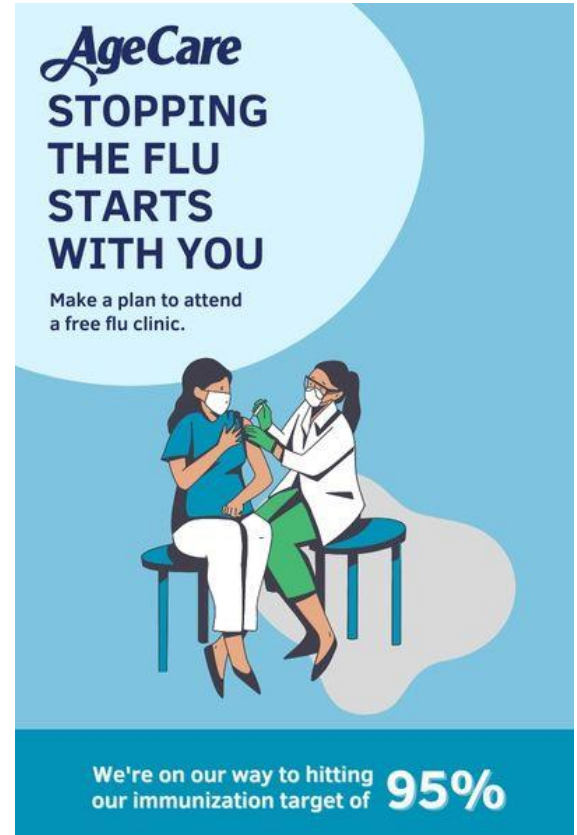
With the start of the respiratory illness season, it is expected that COVID-19 cases will increase as more people gather indoors. In addition, we need to be prepared for the possibility of an influenza surge following two years of low influenza rates due to public health restrictions that reduced travel and socialization.

**Starting on October 17<sup>th</sup>, influenza vaccines will be available at participating pharmacies, some community medical clinics and select Alberta Health Services sites.** Individuals five years and older are encouraged to get immunized at their local pharmacy or physician's office. If you are looking to get your child under the age of five immunized, they can receive theirs at an AHS Clinic or a physician's office.

**At AgeCare, we are hosting immunization clinics for our residents and staff to help prevent the spread of influenza.**

**Additionally, all seniors older than 65 can get a free enhanced influenza vaccine this year.** Enhanced influenza vaccines (FLUZONE® High-Dose Quadrivalent) give seniors better protection against influenza than standard-dose vaccines. Enhanced influenza vaccines stimulate stronger immune responses, compensating for the natural weakening of the immune system that occurs with age.

You may call ahead to your pharmacy or physician's office to confirm if they will be offering the influenza vaccine this fall.



Learn more about the Influenza vaccine by visiting [albertahealthservices.ca/influenza](https://albertahealthservices.ca/influenza).

## Recreation Calendars

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on our residents' well-being.

Please note that communities with an exposure or outbreak may have different recreation restrictions. Contact your community or [sign up for email updates](#) to stay informed on the latest information.

**For our AgeCare communities from Revera,** your Activity Pro Family Portal is still available for you to access. You can log in with your usual username and password at [online.activitypro.net/users/login/agecare](https://online.activitypro.net/users/login/agecare).



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If you are a current resident family member and don't yet have a username and password to access your loved one's **Activity Pro** page, please [contact](#) the community directly and ask to speak to the recreation team. They walk you through the steps needed to access the family portal.

### View the Recreation Calendars for your AgeCare Community:

<a href="#">AgeCare Bow Crest</a>	<a href="#">AgeCare Riverview</a>
<a href="#">AgeCare Columbia</a>	<a href="#">AgeCare Sagewood</a>
<a href="#">AgeCare Glenmore</a>	<a href="#">AgeCare Seton</a>
<a href="#">AgeCare Jasper Place</a>	<a href="#">AgeCare Skypointe</a>
<a href="#">AgeCare Mckenzie Towne</a>	<a href="#">AgeCare South Terrace</a>
<a href="#">AgeCare Midnapore</a>	<a href="#">AgeCare Sunrise Gardens</a>
<a href="#">AgeCare Miller Crossing</a>	<a href="#">AgeCare Valleyview</a>
<a href="#">AgeCare Mount Royal</a>	<a href="#">AgeCare Walden Heights</a>
<a href="#">AgeCare Orchard Manor</a>	

### We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at [www.agecare.ca/careers](http://www.agecare.ca/careers)



**WE'RE HIRING!**  
Great Opportunities for Caring People