



Friday, June 24, 2022

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We provide weekly updates to keep you all informed on what is happening in our communities and organization-wide.

1. [National Indigenous History Month](#)
2. [AgeCare 2021 Annual Report](#)
3. [Let's all get Boosted!](#)
4. [Visitor Guidelines](#)
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6. [Recreation Calendars](#)
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Celebrating
**NATIONAL
INDIGENOUS
HISTORY MONTH**



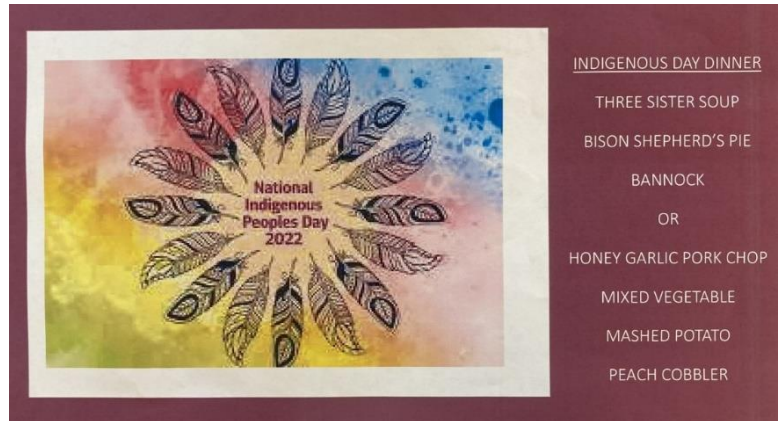


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Honouring Indigenous Peoples in our Communities

June is an important month in Canada, as the provinces commemorate National Indigenous History Month and take time to honour the unique heritage, diverse cultures, and vital contributions of Indigenous Peoples across the country.

At AgeCare, we strive to provide person-centred and culturally appropriate care and services for our residents. Recently, we rolled out a new menu at our community in Strathmore, Alberta and worked with our hospitality partner Aramark to incorporate four Indigenous menu items, including Bison's Shepard's Pie, Baked Cod Tail, Three Sisters Soup, and Saskatoon Berry Jam.



"We consulted with a member of the Siksika Nation when creating these recipes," said Glenda Boc, Executive Director at AgeCare Sagewood. "She vetted the recipes to ensure they were authentic to this region. So far, the menu items are very well-received!"

AgeCare is committed to working towards reconciliation, [cultural safety and humility](#) to positively impact the health and wellness of Indigenous people residing in our communities. We know they are vital components of Canada's commitment to reconciliation, as supported by the [Truth and Reconciliation Calls to Action](#) (TRC).

"We are working with an Indigenous-led social enterprise in Calgary to create a Sacred Medicine Garden on the Sagewood grounds," said Glenda. "All the elements in the design will be very purposeful, and we intend to create a sign that will indicate the symbolism of each item, so those who enjoy the garden will understand the significance."

"We are all very committed and proud of the steps we continue to take at AgeCare, to honour the Indigenous Peoples and ensure they see themselves and their traditions reflected in our communities," said Glenda.

AgeCare 2021 Annual Report

We are excited to share our [2021 Annual Report](#) with you! With a theme of hope, growth and renewal, the annual report highlights AgeCare's ongoing commitment to person-centred care and services. It illustrates how, despite the barriers and challenges our industry faced in 2021, we have continued to grow, innovate, and improve our practices to ensure we are fulfilling our commitment to those we are privileged to serve.



We are proud to highlight some of the personal, professional, and organizational triumphs that could only be possible with the dedication of our highly committed teams at AgeCare; the support of residents and their families; as well as your ongoing confidence and collaboration. With continued focus and enduring optimism, we look forward to what we can accomplish in the year ahead.



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Let's all get Boosted!

Vaccine effectiveness against infection may decline over time, but they remain the best way to prevent severe illness and death. Additional doses can boost immunity to improve protection and limit spread.

For staff or anyone looking to book a COVID-19 vaccine, you can book bookvaccine.alberta.ca, visit a walk-in clinic, or call 811.



You have COVID Questions? We have Answers!

We are pleased to provide you with a quick link where you will find '[Frequently Asked Questions](#)' accompanied by our best efforts at providing answers.

Visitor Guidelines



While many restrictions have been lifted outside of our community, we wish to reiterate the need for safe, responsible practices in our centres, including continuous masking and hand hygiene. **Remember! Help us limit potential exposure to COVID by staying away if you are unwell.**

Coming for a visit?

Please familiarize yourself with these guidelines.

[Download the Visitor Guide \(PDF\) -->](#)

Outings and Overnight Stay Guide

Residents are welcome to go on community walks, outings, and overnight stays as long as they follow all of the [current provincial guidelines](#).

For the safety of residents and staff, please download and follow our [Outings & Overnight Stays Guidelines \(PDF\) -->](#)





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Recreation Calendars

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on our residents' well-being.

Please note that communities with an exposure or on outbreak may have different recreation restrictions in effect. Contact your community or [sign up for email updates](#) to stay informed on the latest information.

For our AgeCare communities from Revera, your Family Portal is still available to you to access your loved one's activitypro page. You can log in with your usual username and password at online.activitypro.net/users/login/agecare.

View the Recreation Calendars for your AgeCare Community:

AgeCare Columbia	AgeCare Seton
AgeCare Glenmore	AgeCare Skypointe
AgeCare Midnapore	AgeCare Sunrise Gardens
AgeCare Orchard Manor	AgeCare Valleyview
AgeCare Sagewood	AgeCare Walden Heights

We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at www.agecare.ca/careers

