#### Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We are providing weekly updates to keep you all informed on what is happening at our communities and organization-wide.

- 1. Sweet Pony Vibes
- 2. Sharing ... AgeCare Moments That Matter
- 3. COVID Frequently Asked Questions
- 4. Visitor Guidelines
- 5. Outings and Overnight Stay Guide
- 6. Recreation Calendars
- 7. Great Opportunities for Caring People

We hope these weekly updates are helpful. Thank you all for your continued support.



# **Sweet Pony Vibes**

Last week, Harmony Court welcomed special guests, Gunner the therapy pony and his owner Alex, from a nearby farm. The surprise visit began with a larger group of residents gathering to meet the gentle newcomer. Faces lit up with joy as Gunner was paraded around the room, offering affection for any and all who beckoned him.

Later, Alex and Gunner made their rounds to individual suites, allowing residents private petting sessions and even a few horse hugs. No doubt the warmth of equine energy will linger at Harmony Court for days to come.

# Sharing ... AgeCare Moments that Matter

At AgeCare we strive to make MOMENTS THAT MATTER for our residents every day. Our <u>Moments that</u> <u>Matter</u> program encourages staff to recognize and share the small moments that have a meaningful impact to residents, families, staff and volunteers. Here are some examples:

"Debbie looked up the Happy Birthday song in Italian. She and other staff learned the words so they could sing Happy Birthday to our resident Carol in her native tongue to celebrate her special day." AgeCare Staff

"The Recreation Team created an art display for our residents featuring their art. It was so important to one resident and his family that even though the resident was in the hospital at the time of the event, they got a day pass so they could still attend the show." AgeCare Staff

"Annie has a love of colouring books and reading books, and this was reinforced by staff. They saw that other residents were enjoying this also, and they changed the table from a small round table to a larger square table. Very considerate!" Resident Family Member



# COVID - Frequently Asked Questions

#### You have COVID-19 Questions? We have Answers!

As we move into year three of the pandemic, many of you have questions about the protocols and processes (past and present) we have implemented in our communities. We are pleased to provide you with a quick link where you will find 'Frequently Asked Questions' accompanied by our best efforts at providing answers.



### Visitor Guidelines



While many restrictions have been lifted outside of our community, we wish to reiterate the need for safe, responsible practices in our centres, including continuous masking and hand hygiene. Remember! Help us limit potential exposure to COVID by staying away if you are unwell.

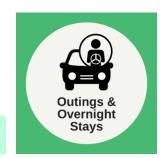
#### Coming for a visit?

Please familiarize yourself with these guidelines.

<u>Download the Visitor Guide (PDF) --></u>

### Outings and Overnight Stay Guide

Residents are welcome to go on community walks, outings, and overnight stays as long as they follow all of the <u>current provincial guidelines</u>.



For the safety of residents and staff, please download and follow our Outings & Overnight Stays Guidelines (PDF) -->

### **Recreation Calendars**

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on our residents' well-being.

Please note that communities with an exposure or on outbreak may have different recreation restrictions in effect. Contact your community or <u>sign up for email updates</u> to stay informed on the latest information.

**For our AgeCare communities from Revera**, your Family Portal is still available to you to access your loved one's activitypro page. You can log in with your usual username and password at <a href="mailto:online.activitypro.net/users/login/agecare">online.activitypro.net/users/login/agecare</a>.

#### View the Recreation Calendars for your AgeCare Community:

AgeCare Columbia	AgeCare Seton
AgeCare Glenmore	AgeCare Skypointe
AgeCare Midnapore	AgeCare Sunrise Gardens
AgeCare Orchard Manor	AgeCare Valleyview
AgeCare Sagewood	AgeCare Walden Heights

# We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at <a href="https://www.agecare.ca/careers">www.agecare.ca/careers</a>

