AgeCare Weekly Update

Friday, May 27, 2022

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We are providing weekly updates to keep you all informed on what is happening at our communities and organization-wide.

- 1. <u>ABBY™ Interactive Pal for Residents</u>
- 2. COVID-19 Update and Frequently Asked Questions
- 3. Visitor Guidelines
- 4. Outings and Overnight Stay Guide
- 5. <u>Recreation Calendars</u>
- 6. Great Opportunities for Caring People

We hope these weekly updates are helpful. Thank you all for your continued support.



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ABBY[™]- Interactive Pal for Residents

Residents at four BC AgeCare communities are delighted to engage with their new friend, ABBY™; an interactive board designed to provide meaningful stimulation, as well as fun and games, for those who choose to engage.

"ABBY[™] is a wonderful tool that is fun and easy for residents to interact with," said John Nocon, Executive Director at AgeCare Mount Ida Mews. "It is kind of like an old familiar friend. It brings nostalgic and familiar memories back to our residents, allowing them to re-live experiences they found pleasant and enjoyable." ABBY[™] can play pre-selected personal and familiar pictures, videos, and songs. Residents can engage independently when they choose, or with the guidance of staff and family members.

"They can do things like recall pet memories by patting a cat, engaging with mechanical programs, or listen to old radio stations by turning knobs," said John. "ABBY™ keeps participants calm, focused and entertained. You can see they are enjoying themselves."

Tracy Spence-Whitford, recreation coordinator at AgeCare Cariboo Place says the interactive board is a big hit in their community and is especially popular with a resident who misses driving.

"Karl loves the program that lets him drive on an old country road - starting up that engine on a cool rainy morning is a great feeling for him," said Tracy. "One day he drove using the ABBY™ board for over two hours with a huge grin from ear to ear. It was awesome to witness his joy."



The best thing about ABBY[™] - it never gets sick, or sleeps ... it is always available and happy to interact!

AB COVID-19 Update

While the easing of COVID-19 measures in continuing care homes is slated as part of Step 3 of Alberta's path to return to normal, <u>current restrictions</u> remain in place in our communities at the direction of the Chief Medical Officer of Health.

These precautions, such as screening, proof of vaccination/ rapid antigen tests, and continuous masking, are in place as our communities are home to many dearly loved aging individuals, many of whom have pre-existing conditions that make them particularly vulnerable to this and other viruses. If you have questions not addressed in our <u>COVID-19 FAQs</u>, we encourage you to reach out directly to the site leadership.



eCare Weekly Update

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Our screening is an essential piece in keeping our residents safe. If you have any symptoms of illness, even if the symptoms are mild, please reschedule your visit with your loved one. It is important to note that being fully vaccinated or having a negative rapid antigen test does not mean you are not COVID positive or suffering with influenza or the common cold.

We appreciate all you are doing to help as we collectively do our best to keep our communities safe for all. For maximum protection from COVID-19, residents have been offered a fourth dose of the vaccine. For staff or anyone looking to book a COVID-19 vaccine, you can book <u>online, at some walk-in clinics, or call 811.</u>

COVID - Frequently Asked Questions

You have COVID-19 Questions? We have Answers!

We are pleased to provide you with a quick link where you will find '<u>Frequently</u> <u>Asked Questions</u>' accompanied by our best efforts at providing answers.



Visitor Guidelines



While many restrictions have been lifted outside of our community, we wish to reiterate the need for safe, responsible practices in our centres, including continuous masking and hand hygiene. **Remember! Help us limit potential exposure to COVID by staying away if you are unwell.**

Coming for a visit? Please familiarize yourself with these guidelines. Download the Visitor Guide (PDF) -->

Outings and Overnight Stay Guide

Residents are welcome to go on community walks, outings, and overnight stays as long as they follow all of the <u>current provincial guidelines</u>.

For the safety of residents and staff, please download and follow our Outings & Overnight Stays Guidelines (PDF) -->



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Recreation Calendars

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on our residents' well-being.

Please note that communities with an exposure or on outbreak may have different recreation restrictions in effect. Contact your community or sign up for email updates to stay informed on the latest information.

For our AgeCare communities from Revera, your Family Portal is still available to you to access your loved one's activitypro page. You can log in with your usual username and password at <u>online.activitypro.net/users/login/agecare</u>.

View the Recreation Calendars for your AgeCare Community:

AgeCare Columbia	AgeCare Seton
AgeCare Glenmore	AgeCare Skypointe
AgeCare Midnapore	AgeCare Sunrise Gardens
AgeCare Orchard Manor	AgeCare Valleyview
AgeCare Sagewood	AgeCare Walden Heights

We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at <u>www.agecare.ca/careers</u>

