Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We provide weekly updates to keep you all informed on what is happening in our communities and organization-wide.

- 1. Stage 3 in Alberta Continuing Care Homes
- 2. Shout out to our Screeners
- 3. Let's all get Boosted!
- 4. Recreation Calendars
- 5. Great Opportunities for Caring People



HAPPY (ANAT)A DAY! AgeCare

Stage 3 in Alberta's Continuing Care Homes

On June 30th, our AgeCare communities will enter Stage 3 in the ongoing management of COVID-19.

Prioritizing resident safety alongside their quality of life experience remains a top priority which is why some key measures, such as continuous masking, will remain in place.

We are pleased to share that with these changes outlined below, we will no longer need the guides created for visiting and outings/overnight stays in Alberta. We hope you found them a helpful resource!

What will be Different

The following COVID-19 measures will be lifted as part of Step 3 of Alberta's path to return to normal:

Closing of Screening Stations

- As of Thursday, June 30th, there will no longer be screening stations at the entrances to our buildings.
- Anyone entering the building, including visitors, will no longer be actively screened or required to share their vaccination status or rapid antigen test result.
- We continue to ask individuals to stay home if they <u>have any symptoms</u>, even if they are mild or are fully vaccinated.

Rapid Antigen Screening Clinics

- The Rapid Antigen Screening Program for staff and visitors will be coming to a close on June 30th.
- AgeCare will continue to use our on-hand supplies to offer asymptomatic staff an opportunity to be
 rapid tested before their shift. These test kits were provided to continuing care homes by the Alberta
 Government. Once we have depleted our inventory, the staff clinics will conclude.

Enhanced Cleaning

• Enhanced cleaning, including high-touch areas, will return to pre-pandemic cleaning schedules. If an outbreak is declared, enhanced cleaning may be reinstated.

Resident Outings/ Overnight Stays

- Residents returning from an absence will no longer be required to be actively screened for 10 days.
- Residents returning from an absence will no longer be required to mask upon return.

Resident Admissions/ Return from Hospital

 Quarantine for residents or new admissions upon return from other health settings is no longer required.

Pet Visits

Visitors can bring one pet that is house trained, well-behaved, leashed and shows no signs of illness.
 They must continue to follow our Pet Policy. However, they no longer need to be booked in advance or reside in a fully vaccinated household.

What Will Remain the Same

When in an active outbreak, many of our protocols will remain the same to prevent the spread of the virus within our communities. In addition, the following preventive measures remain in place.

Continuous Masking:

- Staff, students, volunteers, service providers, and visiting persons must continue to wear masks.
- Medical masks must be worn in all indoor areas, including the resident room. If you do not have a
 medical mask, one will be provided.
- Residents and children ages 2 and younger are not required to wear masks.
- Exceptions to masking may be made if a significant communication barrier is present. Please speak to your care or leadership team before your visit to discuss this.
- Masking is one of the most effective public health measures that can be used to protect ourselves
 and the people around us. There is a strong body of evidence to support the critical protection
 masking provides.
- The Alberta Government will review this important preventive measure again in September 2022.

Testing & Isolation:

- If any resident displays symptoms, they will be placed on contact and droplet isolation, a swab will be taken, and the resident's family will be notified
 - o Residents and staff remain a priority group for PCR lab testing for COVID-19.
- 10-day isolation period for COVID-positive residents.
 - If the resident can tolerate masking continuously, they may isolate for 5 days, with an additional 5 days of masking outside their room. During this time, they may not eat in the dining room or participate in group activities.

Personal Protective Equipment & Rapid Antigen Screening

- Staff continue to self-screen for symptoms. Symptomatic staff must still contact their supervisor if they have any symptoms, even if mild or if fully vaccinated.
- Staff will continue to practice physical distancing and wear Personal Protective Equipment (PPE), following the guidance from AHS, the MOH and AgeCare.

Visitor Sign-In/Out

Visitors will continue to sign in/out on the visitor log.

Dining with Residents

- Visitors can bring gifts and/or food for their loved ones. However, they may not eat in the residents' dining room as this would require them to remove your mask.
- Visitors may dine in their suite if the resident has a private suite <u>and</u> physical distancing can be maintained.
- A private space/ family room in the community may be booked if the resident has a shared, semiprivate suite <u>or</u> requires more space to physically distance.

Shout Out to our Screeners

We wish to thank our greeters and screeners who committed countless hours ensuring those coming and going from our communities were screened. You were the first line of defence and played a vital role in keeping our residents, staff and families safe. Thank you so much!



Let's all get Boosted!

Vaccine effectiveness against infection may decline over time, but they remain the best way to prevent severe illness and death. Additional doses can boost immunity to improve protection and limit spread.

For staff or anyone looking to book a COVID-19 vaccine, you can book bookvaccine.alberta.ca, visit a walk-in clinic, or call 811.



Recreation Calendars

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on our residents' well-being.

Please note that communities with an exposure or on outbreak may have different recreation restrictions in effect. Contact your community or <u>sign up for email updates</u> to stay informed on the latest information.

For our AgeCare communities from Revera, your Family Portal is still available to you to access your loved one's activitypro page. You can log in with your usual username and password at online.activitypro.net/users/login/agecare.

View the Recreation Calendars for your AgeCare Community:

| AgeCare Columbia | AgeCare Seton |
|-----------------------|-------------------------|
| AgeCare Glenmore | AgeCare Skypointe |
| AgeCare Midnapore | AgeCare Sunrise Gardens |
| AgeCare Orchard Manor | AgeCare Valleyview |
| AgeCare Sagewood | AgeCare Walden Heights |

We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at www.agecare.ca/careers

