Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We provide weekly updates to keep you all informed on what is happening in our communities and organization-wide.

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National Day for Truth and Reconciliation September 30, 2022



AgeCare Observes National Day for Truth and Reconcilation

Many of us will never know the extreme hardships endured by our Indigenous brothers and sisters, but on September 30, a national day of honouring survivors of residential schools and their families, we stand together to reflect and share the burden of grief and the momentum for change.

At AgeCare, we are committed to working toward reconciliation, cultural safety, and humility to positively impact the health and wellness of Indigenous Peoples residing in our communities. We know these are vital components of Canada's commitment to reconciliation, as supported by the Truth and Reconciliation Calls to Action (TRC).



Each September 30 – National Day for Truth and Reconciliation, in addition to observing this important day as a statutory holiday for all AgeCare employees, we will also honour our Indigenous brothers and sisters by serving a special menu featuring unique selections such as grilled salmon and bison burgers, along with corn and squash, in all our communities across Alberta and BC. Many of our communities will also take part in special reflective activities, including Orange Shirt Day.

Furthermore, we are committed to year-round recognition of our Indigenous history, including Land Acknowledgements situated near the entrance of each of our communities. This is an important way of honouring the people whose land we work and live on, and a reminder to us all that work still needs to be done as we walk the path of reconciliation.

"At AgeCare, we consistently strive to ensure that we are learning from the past. We also aim to ensure that all our residents see themselves, feel at home, and know their traditions are respected and honoured," said AgeCare COO, Salimah Walji-Shivji.

Celebrating Seniors

To all our cherished seniors - Happy National Seniors Day! There are no words to express how fortunate we feel to be a part of your community - sharing your later years with you.

May you take this day to honour yourself, just as we celebrate you!

Bivalent COVID-19 Booster Now Available in Alberta!



The new Bivalent COVID-19 booster vaccine approved by Health Canada is now available to eligible Albertans 18 years and older. The Moderna Spikvax bivalent COVID-19 vaccine triggers a more robust immune response. It also protects against Omicron and the original SARS-CoV-2 virus strain.



Albertans who have completed a primary series are eligible for the bivalent vaccine. The recommended interval between doses is a minimum of five months from the last dose or previous infection.

At AgeCare, we strongly encourage all individuals to get all booster doses available to them.

Let's Do All We Can to Keep Ourselves and our Communities Safe!

Book at: bookvaccine.alberta.ca or call 811.

Recreation Calendars

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on our residents' well-being.

Please note that communities with an exposure or outbreak may have different recreation restrictions. Contact your community or <u>sign up for email updates</u> to stay informed on the latest information.

For our AgeCare communities from Revera, your Activity Pro Family Portal is still available for you to access. You can log in with your usual username and password at online.activitypro.net/users/login/agecare.

If you are a current resident family member and don't yet have a username and password to access your loved one's **Activity Pro** page, please **contact** the community directly and ask to speak to the recreation team. They walk you through the steps needed to access the family portal.

View the Recreation Calendars for your AgeCare Community:

AgeCare Bow Crest	AgeCare Riverview
AgeCare Columbia	AgeCare Sagewood
AgeCare Glenmore	AgeCare Seton
AgeCare Jasper Place	AgeCare Skypointe
AgeCare Mckenzie Towne	AgeCare South Terrace
AgeCare Midnapore	AgeCare Sunrise Gardens
AgeCare Miller Crossing	AgeCare Valleyview
AgeCare Mount Royal	AgeCare Walden Heights
AgeCare Orchard Manor	

We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at www.agecare.ca/careers

