



Friday, June 3, 2022

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We are providing weekly updates to keep you all informed on what is happening at our communities and organization-wide.

1. [Seton Residents Enjoy Top 7 Over 70 Event](#)
2. [Teeing Up for National Seniors' Week](#)
3. [COVID – Frequently Asked Questions](#)
4. [Visitor Guidelines](#)
5. [Recreation Calendars](#)
6. [Great Opportunities for Caring People](#)

We hope these weekly updates are helpful. Thank you all for your continued support.





Friday, June 3, 2022

Seton Residents Enjoy Top 7 Over 70 Event

May 26 was a special day of recognition for seven inspiring seniors in Calgary, and some lucky AgeCare Seton seniors joined virtually to cheer them on and recall their own life achievements!

[Watch the Highlight Video of the evening!](#)

[Top 7 over 70](#) is an annual gala that recognizes seniors for noteworthy achievements they have pioneered after the age of 70. The concept reinforces that age is no barrier for those who seek to innovate, invent, and make positive contributions in the world.

This year, gala organizers live-streamed the sold-out event to include AgeCare Seton residents - amplifying the message that all older adults have made their mark in the world.



Seton staged a grand screening event that included games, delicious snacks, a professional photo booth, and activities designed to encourage reflection on personal achievements. Residents proudly shared some of the following accomplishments:

- Building adaptive equipment for disabled individuals
- Raising three beautiful children as a single mother
- Being a part of and volunteering for the Lions Club
- Travelling the whole world
- Saving someone's life and receiving a National Life Saving Award
- Being a volunteer firefighter
- Being an accomplished oil painter

Also in attendance at the Seton event were some members of the Calgary Stampede Youth Band. Their spirited interaction with the residents made for a touching reminder that respect and admiration flows generously both ways, no matter the age or stage in life.





Friday, June 3, 2022

Teeing Up for Seniors' Week

Next week is [Seniors' Week](#) in BC! This is a wonderful opportunity to celebrate our older adults and let them know how profoundly cherished and special they are!

Many of our communities have fun events planned for our residents and families, including park outings, musical entertainment, special lunches, pet guests, and more. At the end of the week we will share some of the highlights!

What an honour to have seniors in our lives! Make sure you take time this week to pay tribute to those who have enriched your life and laid the foundation for families and communities to thrive.

COVID – Frequently Asked Questions

You have COVID Questions? We have Answers!

As we move into year three of the pandemic, many of you have questions about the protocols and processes (past and present) we have implemented in our communities.

We are pleased to provide you with a quick link where you will find '[Frequently Asked Questions](#)' accompanied by our best efforts at providing answers.



Visitor Guidelines



While many restrictions have been lifted outside of our community, we wish to reiterate the need for safe, responsible practices in our centres, including continuous masking and hand hygiene. **Remember! Help us limit potential exposure to COVID by staying away if you are unwell.**

Coming for a visit?

Please familiarize yourself with these guidelines.

[Download the Visitor Guide \(PDF\) -->](#)

Recreation Calendars

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on residents well-being. At this time, visitors are not permitted to attend indoor recreation programming, including concerts. We appreciate your understanding.

Please note that communities with an exposure or on outbreak may have different recreation restrictions in effect. Contact your community or [sign up for email updates](#) to stay informed on the latest information.



Friday, June 3, 2022

View the Recreation Calendars for your AgeCare Community:

Brandt's Creek Mews	Cariboo Place	Harmony Court
Monashee Mews	Mount Ida Mews	

We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at www.agecare.ca/hiring.



WE'RE HIRING!
Great Opportunities for Caring People