



Friday, October 7, 2022

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We provide weekly updates to keep you all informed on what is happening in our communities and organization-wide.

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Preparing For Fall Respiratory Viruses

British Columbians are encouraged to get vaccinated against COVID-19 and influenza for the most effective protection this fall. The COVID-19 fall booster program started early in September and is being joined by the annual influenza (flu) vaccine campaign this month.

With the start of the respiratory illness season, it is expected that COVID-19 cases will increase as more people gather indoors. In addition, we need to be prepared for the possibility of an influenza surge following two years of low influenza rates due to public health restrictions that reduced travel and socialization.

At AgeCare, we have been hosting immunization clinics for our residents and staff to help prevent the spread of influenza.

For the public, the influenza campaign will launch the week of Oct. 11, following the long weekend, and vaccines will be available in participating pharmacies and health authority clinics. New this year, individuals can book their influenza vaccine through the provincial [Get Vaccinated](#) system, just like booking COVID-19 vaccines. Eligible people can get an influenza vaccine and a COVID-19 fall booster at the same time.

Additionally, for the first time, all seniors older than 65 can get a free enhanced influenza vaccine this year. Enhanced influenza vaccines (FLUZONE® High-Dose Quadrivalent / FLUAD® adjuvanted) give seniors better protection against influenza than standard-dose vaccines. Enhanced influenza vaccines stimulate stronger immune responses, compensating for the natural weakening of the immune system that occurs with age.

Learn more about the Influenza vaccine by visiting immunizebc.ca/influenza.

AgeCare
STOPPING THE FLU STARTS WITH YOU

Make a plan to attend a free flu clinic.

We're on our way to hitting our immunization target of **95%**

If you have not yet registered, please visit getvaccinated.gov.bc.ca or call 1-833-838-2323.



October 8th is World Hospice and Palliative Care Day

World Hospice and Palliative Care Day is an annual unified day where we celebrate and support hospice and palliative care worldwide. At AgeCare, we know how important it is to understand and honour individuals' end-of-life wishes. Knowing what matters to them and their families and striving to meet those needs is at the core of our Philosophy of Care and Service.

With one voice, we come together to celebrate the importance of palliative care to quality of life and advocate for equitable access for all. The experience of grief and the need to heal unites us all worldwide.





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Visitor Guidelines

While many restrictions have been lifted outside of our community, we wish to reiterate the need for safe, responsible practices in our centres, including continuous masking and hand hygiene. **Remember! Help us limit potential exposure to COVID by staying away if you are unwell.**



Coming for a visit? Please familiarize yourself with these guidelines.

[Download the Visitor Guide \(PDF\) -->](#)

Recreation Calendars

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on residents' well-being. At this time, visitors are not permitted to attend indoor recreation programming, including concerts. We appreciate your understanding.

Please note that communities with an exposure or outbreak may have different recreation restrictions. Contact your community or [sign up for email updates](#) to stay informed on the latest information.

For our AgeCare communities from Revera, your Activity Pro Family Portal is still available for you to access. You can log in with your usual username and password at online.activitypro.net/users/login/agecare.

If you are a current resident family member and don't yet have a username and password to access your loved one's **Activity Pro** page, please [contact](#) the community directly and ask to speak to the recreation team. They walk you through the steps needed to access the family portal.

View the Recreation Calendars for your AgeCare Community:

Arbutus Care Centre	AgeCare Brandt's Creek Mews	AgeCare Cariboo Place
AgeCare Glenwarren	AgeCare Harmony Court	AgeCare Holyrood
AgeCare James Bay	AgeCare Lakeview	AgeCare Monashee Mews
AgeCare Mount Ida Mews	AgeCare Royal City	AgeCare Sandringham

We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our job postings for:



INTERIOR BC JOBS

Kelowna
Lumby
Salmon Arm
Williams Lake

[BROWSE NOW](#) ✨



WEST COAST BC JOBS

Burnaby
Maple Ridge
New Westminster
Victoria
Vancouver

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