



Friday, April 8, 2022

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We are providing weekly updates to keep you all informed on what is happening at our communities and organization-wide.

1. [4th Doses are Coming](#)
2. [Preventing Influenza Outbreaks](#)
3. [Gathering With Care](#)
4. [Shout Out to the AgeCare Integration Team](#)
5. [Visitor Guidelines](#)
6. [Recreation Calendars](#)
7. [Great Opportunities for Caring People](#)

We hope these weekly updates are helpful. Thank you all for your continued support.

4th Doses are Coming

As people in BC. continue to get vaccinated, the Province continues with previously announced plans to further lift COVID-19 restrictions, while protecting those most at risk with the launch of the spring booster vaccine program. [Read their full news release on this here.](#)

This means 4th doses of the COVID-19 vaccines are coming soon to our communities. Our site leaders are working with the local health authorities to set up clinics for residents in all our communities in British Columbia.

If eligible, visit [Get Vaccinated](#) to book your to book your dose.



**4th Doses
are coming!**





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Preventing Influenza Outbreaks in our Communities

[Influenza](#) has certainly taken a break while COVID-19 took the front line over the past couple of seasons, with only [290 cases](#) reported to the province since October 2021. That doesn't mean we can just forget that 'the flu' is still an infectious virus that can cause hospitalizations and even death to those that have other underlying health issues.

Did you know you can be contagious with influenza before you even start to show symptoms?

To help stop influenza from spreading, it is important to:

- ✓ get your [flu shot](#) each year,
- ✓ wash your hands often with warm water and soap *or* use an alcohol-based hand sanitizer
- ✓ cover your cough or sneeze into your arm or a tissue (not your hand), and
- ✓ stay home when you are sick.

Symptoms of Influenza:

- Fever and chills
- Sore throat or cough
- Headache
- Muscle Aches
- Poor appetite
- Tired
- Feeling of nausea, vomiting and diarrhea (more common in young children)

Visit [ImmunizeBC](#) to book your shot!

Gathering with Care

As you plan your spring-time gatherings with family and friends, we wish to share our updated [Gathering with Care](#) guide.

Following these will help you to reduce the risk of spreading viruses – including COVID-19, Influenza, and Norovirus (Norwalk).

[Download the Gathering with Care guide \(PDF\)](#)

Before getting together, it is strongly recommended that Rapid Antigen Test Kits are used to test attendees – especially if they are unvaccinated. Test yourself immediately before gatherings, and if the results are positive and stay home.





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Shoutout to the AgeCare Integration Team



At the helm of any organizational expansion project is a team of individuals who understand the importance of effective change management.

At AgeCare, this important task falls to our Integration Team. In March, this dedicated group of leaders demonstrated they have what it takes by facilitating a smooth integration of seven new Alberta Revera long-term sites into the AgeCare family.

“The transition went extremely well as our residents and families didn’t even feel a glitch throughout the transition process,” said Amir Rajani, Director of Integration Team Management. “We want to acknowledge all those who worked very hard to make it happen and celebrate this success.”

The Integration Team was established to support the growth of AgeCare, including acquisitions and the commissioning of new builds. Phase 1 of the Revera project that launched on March 1 was the first challenge for the team, and as of now, this chapter is complete. Phase 2 involves welcoming seven more long-term care sites in British Columbia. With a target date of late June, the team anticipates that the process will be equally harmonious.

“Our goal is to ensure the transitions are as seamless as possible, as these sites become one with AgeCare. Once they are successfully integrated, we turn things over to the operations team and carry on,” said Amir. Members of AgeCare’s Integration Team include representation from all the major streams of the organization.

Under the guidance of Executives, the transition leadership team includes:

- Amir Rajani, Director, Integration and Change Management
- Andria Stephens – Clinical
- Shannon Sproate – Support Services
- Eva Tse – Finance
- Joanna Jeon – Legal
- Barb Black – Human Resources
- Phil Woo – Information Technology
- Barb Noad – Communications

With a deep bow of appreciation, we recognize this team and numerous others who have been and continue to be instrumental in helping AgeCare grow and prosper.

Visitor Guidelines

While many restrictions have been lifted outside of our community, we wish to reiterate the need for safe, responsible practices in our centres, including continuous masking and hand hygiene. **Remember! Help us limit potential exposure to COVID by staying away if you are unwell.**

Coming for a visit?

Please familiarize yourself with these guidelines.

[Download the Visitor Guide \(PDF\) -->](#)





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Recreation Calendars

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on resident well-being. At this time, visitors are not permitted to attend indoor recreations programming, including concerts. We appreciate your understanding.

Please note that communities with an exposure or on outbreak may have different recreation restrictions in effect. Contact your community or [sign up for email updates](#) to stay informed on the latest information.

View the Recreation Calendars for your AgeCare Community:

Brandt's Creek Mews	Cariboo Place	Harmony Court
Monashee Mews	Mount Ida Mews	

We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at www.agecare.ca/hiring.



WE'RE HIRING!
Great Opportunities for Caring People