



Friday, August 26, 2022

Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We provide weekly updates to keep you all informed on what is happening in our communities and organization-wide.

Home Together – Purposeful Resident Engagement Program 2

COVID-19 is Still Here – But Vaccines Help 2

Visitor Guidelines..... 3

Recreation Calendars..... 3

We're Hiring..... 4





Friday, August 26, 2022

Home Together – Purposeful Resident Engagement Program

Experiences that contribute to the richness of our lives are not just the big events, they are the small day to day activities that give us pleasure and contentment. Simple tasks such as tending a garden, arranging flowers, shucking corn, baking cookies, making jam or pickles, or setting the table for dinner, all hold meaning and contribute to purpose in our day.

This fall, AgeCare Harmony Court is preparing to roll out 'Home Together,' a person-centred resident-engagement program created with our hospitality partner, Aramark, that will pave the way for our residents to take part in these small but meaningful processes that help us to feel grounded and purposeful.

Some examples of 'Home Together' activities in our communities might include creating fresh baked treats and sharing with other residents, making jams or pickles, peeling vegetables, preparing dining tables for meal service, or creating flower arrangements to beautify their community.

For some residents, these activities may be things they have enjoyed doing in the past, while for others, they may be new experiences. Either way, we know that participating in, or contributing to regular meaningful activities is an important way for our residents to experience satisfaction and a sense of community.



In addition, resident engagement programs such as this provide cognitive, psychosocial, and physical benefits. For instance, baking cookies is more than an activity to participate in — the process of mixing batter, or the smell of the baking, may bring up memories and stories residents feel like talking about. Sharing the cookies with other residents at teatime may spark conversation, while also building a sense of community, pride, and accomplishment.

The list of possibilities for 'Home Together' will grow and evolve as residents show interest. We can't wait to see you how this program takes shape, and brings joy to all who participate in our communities!

COVID-19 is Still Here – But Vaccines Help

BC has now extended its COVID-19 vaccine eligibility to include everyone six months and older.

In a recent [CBC article](#), Dr. Bonnie Henry urges people to get the vaccine, stating that vaccines are safe and they work well.



Friday, August 26, 2022

Let's Do All We Can to Keep Ourselves and Our Communities Safe!

At AgeCare, we strongly encourage all individuals to get all booster doses available to them.

[BCCDC data](#) shows a person with three or more doses of vaccine is about half as likely as an unvaccinated person the same age to be hospitalized and about one-third as likely to require critical care.

If you have not yet received your COVID vaccine or booster doses, please visit getvaccinated.gov.bc.ca or call 1-833-838-2323.



Visitor Guidelines



While many restrictions have been lifted outside of our community, we wish to reiterate the need for safe, responsible practices in our centres, including continuous masking and hand hygiene. **Remember! Help us limit potential exposure to COVID by staying away if you are unwell.**

Coming for a visit?

Please familiarize yourself with these guidelines.

[Download the Visitor Guide \(PDF\) -->](#)

Recreation Calendars

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on residents' well-being. At this time, visitors are not permitted to attend indoor recreation programming, including concerts. We appreciate your understanding.

Please note that communities with an exposure or outbreak may have different recreation restrictions. Contact your community or [sign up for email updates](#) to stay informed on the latest information.

For our AgeCare communities from Revera, your Family Portal is still available to you to access your loved one's activitypro page. You can log in with your usual username and password at online.activitypro.net/users/login/agecare.

View the Recreation Calendars for your AgeCare Community:

Arbutus Care Centre	AgeCare Brandt's Creek Mews	AgeCare Cariboo Place
AgeCare Glenwarren	AgeCare Harmony Court	AgeCare Holyrood
AgeCare James Bay	AgeCare Lakeview	AgeCare Monashee Mews
AgeCare Mount Ida Mews	AgeCare Royal City	AgeCare Sandringham



Friday, August 26, 2022

We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at www.agecare.ca/hiring.



WE'RE HIRING!

Great Opportunities for Caring People