Dear Residents and Families,

We remain committed to providing updates to our residents, families, and staff at AgeCare. We are providing weekly updates to keep you all informed on what is happening at our communities and organization-wide.

- 1. Equine Visit Sparks Joy at Cariboo Place
- 2. Help Us Keep Our Communities Safe Let's all get Boosted!
- 3. Visitor Guidelines
- 4. Recreation Calendars
- 5. We're Hiring



Equine Visit Sparks Joy at Cariboo Place

AgeCare Cariboo Place welcomed a special equine guest last week that brought great joy to residents, especially one particular resident, Gerry Bracewell, who recently turned 100 and has written books on hunting and guiding.

Rusty is a beautiful gentle quarter horse who knows all too well how to lend his charming equine vibes to his admirers. Rusty's owner is Rayel Petersen, who belongs to a family of pioneers of the Chilcotin, and who trains quarter horses and offers riding lessons in nearby Pablo Creek. Rayel brought her three children, James, Ella, and Rayna as well as their family dog Ray-Ban.

"This was an unbelievable experience to witness. It evoked many happy memories and brought many smiles and even tears of joy!" said Tracy Spence-Whitford, Recreation Coordinator for AgeCare Cariboo Place. "The smell of the horse and his smooth freshly combed coat was a wonderful experience for our residents – helping them to recollect fond memories of their own horse ownership and other past experiences."







Let's all get Boosted!

With a potential 7th wave of the pandemic and an increase of transmission in other provinces, we wish to <u>strongly</u> encourage individuals over the age of 18 to get their fourth dose (2nd booster).

Vaccine effectiveness against infection may decline over time, but they remain the best way to prevent severe illness and death. Additional doses can boost immunity to improve protection and limit spread. Residents and staff have all been offered both booster doses.



<u>BCCDC data</u> shows a person with three or more doses of vaccine is about half as likely as an unvaccinated person the same age to be hospitalized and about one-third as likely to require critical care.

Help us keep our communities as safe as we can! If you have not yet received your COVID vaccine or booster doses, please visit getvaccinated.gov.bc.ca or call 1-833-838-2323.

Visitor Guidelines



While many restrictions have been lifted outside of our community, we wish to reiterate the need for safe, responsible practices in our centres, including continuous masking and hand hygiene. Remember! Help us limit potential exposure to COVID by staying away if you are unwell.

Coming for a visit?

Please familiarize yourself with these guidelines.

Download the Visitor Guide (PDF) -->

Recreation Calendars

Our recreation team works hard to create engaging activities that enrich the mind, body and spirit. We are continuously looking for ways to reduce the risk of transmission while having the least impact on residents well-being. At this time, visitors are not permitted to attend indoor recreation programming, including concerts. We appreciate your understanding.

Please note that communities with an exposure or on outbreak may have different recreation restrictions in effect. Contact your community or <u>sign up for email updates</u> to stay informed on the latest information.

View the Recreation Calendars for your AgeCare Community:

Brandt's Creek Mews	Cariboo Place	Harmony Court
Monashee Mews	Mount Ida Mews	

Page 3 of 4

We're Hiring

Did you know AgeCare is hiring? Great opportunities for caring people. From health care aides to food services to recreation to administration and more, we are looking for dedicated and caring individuals.

If you or someone you know is looking for an exciting new opportunity, check out our careers page at www.agecare.ca/hiring.

